

FRONTRUNNERS/WALKERS SACRAMENTO MEMBERSHIP FORM
FrontRunners Sacramento P.O. Box 22142 Sacramento CA 95822
<http://www.frsac.org/>

The information you provide will be used by the club to contact you and keep you informed about club activities

Member: _____ Birthday: _____ Address: _____ _____ Phone: _____ Email: _____ Member Since: _____	Member: _____ Birthday: _____ Address: _____ <input type="checkbox"/> Household Member Phone: _____ Email: _____ Member Since: _____
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My telephone number can be made available to other FrontRunner Sacramento members.	YES	NO
My address can be made available to other FrontRunner Sacramento members.	YES	NO
My e-mail address can be made available to other FrontRunner Sacramento members.	YES	NO
Would you like your newsletter sent via e-mail?	YES	NO
Would you like to receive e-mail reminders of FrontRunner Sacramento events and runs?	YES	NO
I consent to the use of my name and photo in the club's newsletter and on the club website.*	YES	NO*
I would like to receive the bylaws and membership list via e-mail (word and excel documents)	YES	NO

*Note: FrontRunners Sacramento cannot guarantee this request; we will make every attempt to comply.

WAIVER – Voluntary Release of Liability And Voluntary Assumption of Risk

I seek to become a member of FrontRunners Sacramento and to participate in the athletic, social and other activities sponsored by this organization. I understand that as a condition of membership in this organization, I am required to sign this waiver agreement.

In consideration of becoming a member, I do hereby for myself, my heirs, executors and administrators, waive, and release any and all claims of damages I have against FrontRunners Sacramento, its officers, agents and their representatives and any and all claims of damages, demands, action, whatsoever in any manner, as a result of my participation in FrontRunners Sacramento including, but not limited to any damage or personal injury I might suffer or my death resulting from any such damage or injury.

Furthermore, I attest that I am physically fit and sufficiently trained for running and walking with FrontRunners Sacramento. I understand that running and walking are potentially dangerous activities and I realize that by engaging in either activity I risk serious injury or death to myself. I voluntarily seek to engage in these activities.

I understand that the nature of participating in an athletic organization of this type makes the risks to me difficult to predict. I hereby accept all risks of injury or death to me that might result from engaging in the activities of FrontRunners Sacramento whether those risks are known or unknown.

I acknowledge that I have read the entire agreement or have had this agreement explained to me. I understand all of the above and agree to sign the waiver freely and with the intent to be bound by its provisions. I agree to adhere to the bylaws set forth by the club. Finally, as of the date of this agreement, I am at least 18 years old.

Signature #1:		Print Name:		Date:	
Signature #2:		Print Name:		Date:	

Annual Membership Fee

<input type="checkbox"/> Single Membership(s)	#		@	\$20	=	\$	
<input type="checkbox"/> Additional Household Memberships	#		@	\$10	=	\$	
TOTAL =						\$	

Make check payable to "FrontRunners Sacramento" and mail with the completed form to the address listed above -or- bring it to a run.

I/We request a waiver of the annual membership fee

REC'D	PD:	D:	MC:
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